

## Live-in care

“Appeal with respect to elderly people as you would to the members of your own family.”

— Lailah Gifty Akita, Think Great: Be Great!



### **The Comfort of care in your own home**

There is a certain comfort that comes with having someone live with you, from knowing that you are being looked after the way you want and reassured should anything happen there will always be someone by your side. Your home is a place of memories and joy. A live-in carer is there to allow you to live independently and freely to make the choices you want.



At First Guardians our top priority will always be your safety and independence to allow you to continue living comfortably in your own home and to pursue the life you want with the carer of your choice.

You will have a team of experts in finding you the right carer that suits your needs and requirements, our carefully selected and vetted carers will be matched to you. You can rest assured that our team will make sure.

With the expertise of our healthcare professionals, you can get help with a wide range of care needs such as general support, complex care, personal needs or just general house duties. You can rest assured the right carer will be matched to you. Our professional health care workers have expert knowledge in dementia, complex care, mental health, or Parkinson disease so no matter what condition you may need support with you can rest assured the right support worker will be matched to you.

If you are thinking that extra support is what you need instead of residential care, then we are here to help you. It's always comforting to stay home even if you feel you are getting weaker. We can help you get the support you need to stay home in your comfort zone. It is important for us to know you are living to your fullest at your own home and doing the things you love to do.

### **Live independently and with dignity.**

You may wonder what exactly is a live-in carer? To simply put it, a live-in carer enables anyone who needs care to continue living in their home with an around-the-clock live-in carer. There may be several reasons someone may want a live-in carer, firstly can be just for companionship, or you may have specific health issues which require you to have some extra support. Secondly, your live-in carer can provide an alternative and affordable option compared to a care home. A live-in carer can be a better option for you because it can provide continuity of care which is vital for your overall wellbeing.



We aim to help you live in your home longer with dignity and respect to live independently. Your carer should always be a guest in your home and respect you and your home. We understand that having to get someone else to care for your loved one is often a difficult decision to make which is why you should know the different types of care service is available.

### **Short term care**

Short term care is to help you get back on your feet. You may have had some ill health or been discharged from hospital and require some short-term care, whatever the circumstance we will help you find the right care to help you get back on your feet and resume back to your normal life.

### **Permanent live-in carer**

When you or your loved one need the extra support on a daily basis, we will help you match the right professional healthcare worker so that you maintain your dignity and continue to live independently in your own home. Our carers are professionally trained and have been DBS checked with several years of experience, so you can trust that you will receive quality care with First Guardians.

## **Having dementia and getting live-in care support**

- Many care homes have some designated suites for dementia which can have an impact on elderly and make them confused.
- Having live-care support at the comfort and familiarity of your own home is proven to be more comforting to people suffering from dementia.
- People with Dementia can still have a fulfilled life, often dementia patient still have some memories and our trained professional workers have key techniques to help jog back memories or support you when you or your loved one is having a dementia episode by calmly talking about something you enjoy doing or eating and guide you slowly back out of your episode with kindness and genuine support.
- Being supported throughout that day with activities you like to do often helps with better sleeping patterns and should you awake at night our living carer is there to help you.
- Daily routine is maintained to help feel at ease.
- Having a live-in carer helps you to stay active or maintain you existing activity routine throughout the day and gives that boost of confidence you need.

### Why live-in care

- Care 24/7 day 7 days a week.
- Live in care is person centred care and unique to each individual.
- Our services are available both long term and short term.
- Regular quality checks are done to gain feedback and make required changes.
- You will be able to get friendly companionship from your own carer ongoing basis.
- The cost of live-in care is less than a regular care home.
- You are able to continue living independently in your own home with your carer.
- One to one care enables flexibility and personalised care.
- You can have the lifestyle with ease and comfort.